

FUN FRUIT AND VEGETABLE PRINTS!

Want to redesign your room with some new artwork or re-vamp an old calico bag without using a paintbrush?

Here's a really fun and easy way to put fruits and vegetables to good use!

Check your fruit bowl or fridge at home and see what you can find. We'll turn them into stamps that you can use to create some interesting patterns with paint.



WHAT YOU NEED

- Acrylic or Fabric Paint (various colours)
- Paper or Cardboard or Calico Bags
- Mix of Different Fruit & Vegetables

INSTRUCTIONS

Step 1

Choose a mix of fruits and vegetables such as a carrot, capsicum, apple, lemon, orange or celery!

Step 2

Ask an adult to cut them in half and have a look at the shape of them. These are the shapes that will be stamped on to your paper or bag to make your artwork.

Step 3

Hold on to the fruit or vegetable and dip it into the paint, then simply stamp it on the paper or bag. Repeat with the same fruit or vegetable stamp or a different one to create your artwork.

Step 4

Let it dry and then frame it or enjoy using your colourful new bag!

