

ROLL UP! MAKE YOUR OWN JUGGLING BALLS

For some fun at home, why not take these few items you can find around the house and make your own juggling balls!

Learn to juggle with 1, 2 and then 3 balls - maybe even more! See how good you can get and if you learn a really cool trick, why not share it with us by using the #FlyByFunSquad



WHAT YOU NEED

- Round Latex Balloons
- Plastic Sandwich Bags
- Uncooked Rice
- Scissors
- Measuring Cup
- Spoon

INSTRUCTIONS

Step 1

Fill up your sandwich bag with $\frac{3}{4}$ cup of rice. Mould the bag into a ball with your hands and then twist the end closed so the rice doesn't fall out.

Step 2

Choose a lighter coloured balloon as your base colour and cut the neck of the balloon off using scissors. Stretch this balloon over the rice ball, covering the twisted end first! Mould it into a ball shape once the balloon is covering the bag of rice.

Step 3

Repeat this with another balloon in a different colour. Pinch this balloon and use your scissors to cut a few holes in that balloon (small or medium sized holes) so you reveal the colour of the balloon underneath. Repeat this with one or two more balloons in different colours.

TIP: Ask an adult to help you with the scissors.

Step 4

Ready set juggle! It's fun to learn something new!